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# au bon pain®

the bakery café

## BREAKFAST

| \$ 2.75 per person, minimum of 5

### **BAGELS**

plain (260 Cal), asiago cheese (310 Cal), cinnamon raisin (270 Cal), everything (270 Cal), honey sprouted grain (290 Cal) and jalapeno cheddar. Spreads: butter (60 cal) , jam (35 Cal) & cream cheeses (90 - 150 Cal) (Veggie Garden or Plain)

## LUNCH/DINNER

| \$ 10.29 per person, minimum of 5

### **HERB CHICKEN SALAD**

on semolina- chicken mixed with ABP signature herb blend & avocado dressing, tomatoes, cucumbers, shredded carrots & field greens (510 Cal)

### **TURKEY CLUB**

on country white - with cheddar, hardwood-smoked bacon, tomatoes, field greens & mayo (580 Cal)

## SWEETS

### **COOKIES**

a selection from our abundant list of fresh baked cookies: chocolate chip (370 Cal), double chocolate mudslide (370 Cal), English toffee (320 Cal)

| \$ 2.29 per person, minimum of 5

### **OTHER PASTRIES**

sweet cheese danish (410 Cal) and cinnamon roll (530 Cal)

### **CROISSANTS**

plain (280 Cal), chocolate (470 Cal) and almond (500 Cal)

### **MUFFINS**

blueberry (480 Cal), corn (470 Cal), double chocolate and cranberry

### **TWO TOMATO CAPRESE**

on ciabatta - fresh mozzarella, tomato basil bruschetta, fresh tomatoes, arugula & balsamic glaze (570 Cal)

### **VEGETARIAN DELUXE SALAD**

romaine & field greens, roasted peppers, kalamata olives, feta, tomatoes, cucumbers, carrots, chickpeas & red onions (1080 cal)

### **OTHER SWEETS**

double chocolate brownie (500 Cal), lemon pound cake (470 Cal) & gluten-free marshmallow bar (260 Cal)

| \$ 3.39 per person, minimum of 5